

## Tolton High School Summer Sports and Activities Open Practices

Sport	Coach Name	Coach Email	Dates/Times	Location
All	<b>Dead Week: July 2 through July 9 - no activities</b>			
Strength and Conditioning (available to all students)	Jeremy Osborne Pat Kelly	josborne@toltoncatholic.org pkelly@toltoncatholic.org	Tuesdays, Wednesdays, and Thursdays; June 6 to July 20 Students may work out in the weight room from 9 am to 11:30 am. No appointment/signup is necessary. Times and days subject to change.	Weight Room
Band	Brian Parks	bparks@toltoncatholic.org	Band Camp: July 21 (3 pm to 8 pm), July 22 (all day)  Marching Band: Tuesdays, Wednesdays, and Thursdays; August 8 through August 17, 6 to 8 pm	Music Room/Gym/Stadium
Baseball	Ehrich Chick	echick@toltoncatholic.org	Tuesdays and Thursdays June 6 through June 27 High School Summer League (evenings) and Workouts (mornings); times TBA	TBA
Boys Basketball	Jeremy Osborne	josborne@toltoncatholic.org	Team Camp: May 30, May 31, June 1; 11 am to 1 pm Mondays and Thursdays: June 6 through June 29; 11 am to 1 pm Camps and Leagues TBD	Gym
Boys Golf	Joe Bellmer	jbellmer@toltoncatholic.org	Contact Coach Bellmer for more information.	TBA
Boys Soccer	Brandon Russell	brussell@toltoncatholic.org	Training: Tuesdays and Thursdays, June 6 through July 28; 6 to 7:30 pm	Gans Park (Across street from Tolton)
Boys Tennis	Tricia Vogt	tvogt@toltoncatholic.org	Open Courts Wednesdays, June 7 through July 26 6 pm to 8 pm other times, TBA	Cosmo Park
Cheer	Lauren McDaniels	lmcDaniels@toltoncatholic.org	June and July: Tuesdays, 6:30 to 8 pm; Thursday, 5 to 6:30 pm	TBA
Cross Country	Jared Wilmes	jwilmes@toltoncatholic.org	Mondays, Wednesdays, Thursdays June 5 through July 27 7 am	FTCHS
Dance	Renee Hulshof	rhulshof@toltoncatholic.org	June 5, 6, 7 - 1 to 3 pm Choreography: July 10, 11 and August 4,5,6 August 1, 2, 3, 8, 9, 10, 15, 16, 17; 3:30 to 5:30 pm UDA Camp July 13-16 (in St. Louis)	Gym
Football	Michael Egnew	megnew@toltoncatholic.org	Tuesday, Wednesday, and Thursday; 4:00 to 6:00 pm June 6 through June 29 and July 1 through July 27 June 16: Mizzou 7 on 7 June 24: Westminster 7 on 7 July 27: California 7 on 7	Stadium/Weight Room

Girls Basketball	Aqua Bradley	abradley@toltoncatholic.org	6/5: Conditioning, 6:30 to 7:30 am; Open Gym, 7:30 to 9 pm 6/7: Open Gym, 7 to 8 am 6/9: Conditioning, 7:30 to 8:30 am; Open Gym, 3 to 5 pm 6/10: Hickman Shootout 6/12 through 6/29, Monday through Thursday: Weights and Conditioning, 9 to 10:30 am 6/13, 6/20, 6/27: Games (Times TBA) 6/15: Open Gym, 5 to 6 pm 6/16: Open Gym, 12 to 2 pm 6/22: Open Gym, 5:30 to 7:30 pm 6/23: Open Gym, 3 to 5 pm 6/29: Open Gym, 4 to 6 pm	Gym
Girls Golf	Scott Priesmeyer	spriesmeyer@toltoncatholic.org	Contact Coach Priesmeyer for more information.	TBA
Girls Soccer	Chuck Register	cregister@toltoncatholic.org	Mondays, June 12 through July 24; 6 to 7:30 pm; Wednesday evenings, 7 v 7 @ 63 Soccer Complex (parents need to email coach about details and payment)	Stadium
Girls Tennis	Kevin Kiley	kkiley@toltoncatholic.org	June and July - Tuesdays and Thursdays: 9 to 10:30 am	Cosmo Park
Softball	Taylor Bartlett	tbartlett@toltoncatholic.org	Tuesdays, June 6 through June 27, 5:30 to 7:30 Wednesdays, High School Summer League, Times TBA	Tolton Field
Swimming	TBA	TBA	This coaching position is currently unfilled. More information will follow.	
Track	Rebecca Wilmes	rwilmes@toltoncatholic.org	Saturdays June 10 through July 29 8:00 am	MKT Trail - Forum
Volleyball	Lei Francisco	lfrancisco@toltoncatholic.org	Mondays: June 5, 12, 26; July 10, 17, 24; 5:30 to 7:30 pm Wednesdays: June 14, 28; 5:30 to 7:30 pm Fridays: June 9, 23; 5:30 to 7:30 pm	Gym
Wrestling	Ross Rosenbaum	rrosenbaum@toltoncatholic.org	OPEN MATS: Tuesdays May 16 through July 25, 6:00 - 7:30 pm Team Camp: June 18 - 21 @ Mizzou	Off campus. Please contact Coach Rosenbaum for the location.